FALL INTO YOGA SEPT 29-OCT 1, 2023 ANANDA ASHRAM MONROE NY



Register me for Autumn Splendor 2023!

Make your \$150 deposit toward all-inclusive rates below using

Venmo (carrieyoga)

QuickPay or Zelle (carrieyog@gmail.com)

 $PayPal\ (carrieyog@gmail.com;\ please\ do\ not\ check\ "goods\ and\ services")$

Check to Carrie Schneider, 207 East Fifth St #7, NY 10003

You'll receive receipt immediately and travel/schedule details as retreat nears. Specify by email if you'd like to stay in dorm (\$399); standard/upgrade double (\$459/\$489 pp); single standard/upgrade (\$579/\$599) or camping (\$329). (Please note: Venmo user name is "carrieyoga" like website; email add/transfers is carrieyog@gmail.com with "@" instead of "a.")